

## 法政大学大原社会問題研究所 国際交流講演会のお知らせ

法政大学大原社会問題研究所は、以下の要領で国際交流講演会を開催します。大原社会問題研究所の客員研究員として日本で調査を行っている Huiyan Fu 氏が、彼女が行っている自助グループの参与観察から得たジェンダーとメンタルヘルスにかんする知見を報告します。

日時：2025 年 9 月 26 日（金）15 時～17 時

場所：法政大学市ヶ谷キャンパス ポワソナードタワー 19 階 D 会議室

テーマ：The stratification of *kokoro*: Gendered work and social suffering in Japan

報告は英語で行われますが、概要を日本語に訳します。参加の事前申し込みは不要です。

### 報告アブストラクト（概要）

The term *kokoro* ('heart' or 'soul') is now widely used to express mental health or psychiatry. Despite its positive effects, *kokoro* plays only a limited (if any) role in destigmatising mental illness or improving public mental health literacy in Japan. To navigate the conundrum, I have conducted an immersive ethnographic study of a variety of self-help groups (SHGs) that address problems or concerns including drug addiction, *hikikomori*, *hattatsu shōgai*, eating disorders, OCD, emotions and suicide grief.

In this talk, I will first explain my previous book project on gendered precarious work, *Temporary and Gig Economy Workers in China and Japan* (Oxford University Press 2023), before focusing on key themes arising from *tōjisha*'s narratives across different SHGs based in the Tokyo metropolitan area. Special emphasis is placed on the role of gender (and its intersections with other inequality variables) in grasping complex social suffering, with a view to exploring mental health challenges confronting contemporary Japan.

### Huiyan Fu 氏の経歴（Bio）

Huiyan Fu (PhD, Social Anthropology, University of Oxford) is Senior Lecturer/Associate Professor at University of Essex. She is currently visiting researcher at the Ohara Institute for Social Research, Hosei University.

Her main research interests lie in precarious work, social-health inequalities, and critical management studies. She is the author of *An Emerging Non-Regular Labour Force in Japan: The Dignity of Dispatched Workers* (Routledge 2011) and the editor of *Temporary Agency Work and Globalisation* (Routledge 2015) and *Temporary and Gig Economy Workers in China and Japan* (Oxford University Press 2023). Her work also appears in journals such as *Human Relations*, *Gender & Society*, and *British Journal of Industrial Relations*.